

Quinoa, The Supergrain: Ancient Food For Today By Rebecca Wood

By Rebecca Wood

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Rebecca Wood is the author of The New Whole Foods Encyclopedia (4.16 avg rating, 204 ratings, 26 reviews, published 1999), The Splendid Grain

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Rebecca Wood, author of Quinoa, The Supergrain: Ancient food for Today, was invited to conduct earned the title of a supergrain . Technically Quinoa is a

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